

CB-BK WE2 2026: Session: 4: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 15:00 untill 15:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Smet Kathleen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 400M FREESTYLE MEN 19+							Heat:2, starttime: 16:06	
Heat: 2/3 Lane : 2 Athlete: BIRLOGEANU LUCA							Q-time: 04:24:42	
PB (50m pool): 04:30.99 Mol 28/06/2026			PB (25m pool): 04:31.10SB: 04:30.99 Mol 28/06/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:29.58	01:02.49	01:36.94	02:11.82	02:47.10	03:22.45	03:57.79	04:30.99
	00:29.58	00:32.91	00:34.45	00:34.88	00:35.28	00:35.35	00:35.34	00:33.20
								

Coach feedback:

Event number: 30: 400M FREESTYLE MEN 19+							Heat:2, starttime: 16:06	
Heat: 2/3 Lane : 8 Athlete: CLAESKENS MILAN							Q-time: 04:28:88	
PB (50m pool): 04:28.22 ANTWERPEN 30/07/2023			PB (25m pool): 04:15.77SB: 04:28.88 SportinGenk Park 24/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:28.22
	no time							
								

Coach feedback: